Stuttgart Community Post

Volume III, Issue 44

Read the Stuttgart Community Post at http://www.stuttgart.army.mil

There's No Better Time to Break the Habit

Participate in the Great American Smokeout Nov. 18

Did you know that cigarette smoking is America's leading preventable cause of illness and premature death? Over 400,000 people in the U.S. die from the effects of smoking each year.

But according to the American Cancer Society, nine out of 10 smokers would like to quit. And there's no better time to do it than during the Great American Smokeout Nov. 18.

To make the transition easy, local health professionals and peers are available to assist.

- Patch High School teens are becoming teen educators. These Volunteer Service Learning students
 have attended intensive training on the risks of tobacco use and have developed presentations for
 Patch Elementary students. Awareness information given by peer educators to youth who are making
 choices about tobacco use is the best type of prevention.
- Volunteer health professionals eager to encourage a "cold turkey" day without tobacco will be manning
 information tables with literature, support kits and posters. Look for them at the dental/health clinic,
 Patch Commissary and Theater and Robinson Barracks Commissary/Exchange from 10 a.m. to 3 p.m.
 and at the Panzer and Patch dining facilities during lunch hours.

For more information on the Great American Smokeout call the Stuttgart community health nurse, 430-8209/civ. 0711-680-8209, or go online to (www.cancer.org/smokeout/).

SECTION I OFFICIAL INFO

Numbers To Know...

In case of an emergency call...

 Military Police
 0711-680-114

 Medical
 0711-680-116

 Fire
 0711-680-117

For other non-emergencies contact:

American Red Cross 07031-15-818
Emergency Action Center 0711-729-2601
Chaplain 0711-6805000

Family Assistance Center 07031-15-524
MP Desk Sergeant 0711-680-5262
Sexual Harassment Hotline 0711-729-2708
Gen. Clark's Education Hotline 0711-680-6121

Prepare Today for Y2K

As the countdown to the millennium begins, 6th ASG security officials would like to share some tips in the event that the Y2K bug does in fact bite. See this section of the Community Post each week.

Y2K Tip of the Week: Buy only what you need to get you through a few days, such as bottled water and nonperishable foods. Don't wait until the end of December to stock up.

DPW Projects Improve Posts

Some projects on the Directorate of Public Works' "To Do" list include the installation of new mailboxes in the Kelley and Robinson Barracks' mailrooms (boxes could not be installed in the Patch mailroom due to space limitations); Kelley Fitness Center renovation, such as a floor replacement; renovation of the Robinson Barracks Arts & Photo center; a new movie theater on Robinson Barracks; Patch Community Club renovation; and new doors for Panzer Indoor Range. Questions or concerns can be directed to the directorate, 421-1360/civ. 0711-729-1360.

Expect Delays During Exercise

The 6th ASG will hold its next Force Protection Exercise Nov. 18.

During the exercise, armed service members will be conducting access control and patrolling all installations. Therefore, residents, employees and

visitors should expect delays at front gates. But to expedite access to all installations, personnel should ensure that they have the proper documents (i.e., installation pass/identification card and vehicle documents).

All residents are encouraged to report suspicious persons, vehicles- and packages to the Military Police, 0711-680-114, to include suspected exercise play.

ACS Christmas Food Coupon Program

Stuttgart's Army Community Service's Christmas Holiday Food Coupons will be given to families in need next month. Name submissions from units are due no later than Dec. 3. For more information call Kitty Randall, 430-7176/civ. 0711-680-7176, or e-mail (randallk@6asg.army.mil).

Attention Soldiers

All soldiers interested in becoming commissioned officers in the Army should mark down Nov. 17 on their calendar when the Officer Candidate School Board visits Stuttgart at 9 a.m., building 3315 on Kelley Barracks.

Can't make it? The board will visit again Jan. 31. If interested call Staff Sgt. Mimms, 421-2153/civ. 0711-729-2153.

Awards Nominations Now Accepted

Nominations are now being accepted for U.S. Army Europe and Seventh Army's 1999 General Douglas MacArthur Leadership Award.

The GDMLA is an annual award established by Department of the Army Headquarters to recognize U.S. Army company-grade officers and junior warrant officers (captains, lieutenants, chief warrant officers two and warrant officers one) from each major Army command.

If your unit has an officer who personifies the ideals for which General MacArthur stood, i.e., duty, honor, country, and who have demonstrated outstanding military performance, leadership and achievement, special recognition should be given. For detailed information on the nomination process, contact your unit S-1 or G-1.

AAFES/DeCA Meeting Times Change

Monthly Army and Air Force Exchange Services/Defense Commissary Agency meetings are now held the second Tuesday of each month, 9 a.m. in the Army Community Service classroom, building 2307, Patch Barracks. Call 421-2131/civ. 0711-729-2131, for details.

Grant Applications Available

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The German-American Women's Club is now accepting applications for grants to be awarded from the proceeds of the Pfennig Bazaar.

Stuttgart-area military- and civilian-sponsored organizations that support community service projects may apply. Instructions and applications are available at Army Community Service and from the Welfare Committee. Completed applications are due by Dec. 22. For more information write to: GAWC Welfare Committee, c/o Lucille Chaveas, HQ USEUCOM, Unit 30400, Box 819, APO AE 09128 or call 0711-687-7558.

SERVICES

Take Note of Thanksgiving Holiday

Just a reminder: Nov. 25 is Thanksgiving and Nov. 26 is a training holiday. Check stores and offices for special operating hours.

AAFES Holiday Hours Online

Holiday hours for all Army and Air Force Exchange Services facilities are now posted on the 6th ASG Web site. This includes hours during Thanksgiving, Christmas and News Year's. To view the list, go to (www.stuttgart.army.mil). Questions? Call 421-2527/civ. 0711-729-2527.

Get Help Regarding German TV Tax

Any community members who receive a GEZ (German TV Tax) Payment Voucher letter is asked to bring it to the Stuttgart Law Center with two copies of their military ID (copy both the front and the back of card). The Stuttgart Law Center International Affairs Office will advise GEZ that you are exempt from the tax. For more information call 430-6661/civ. 0711-680-6661.

Kelley and RB Mailroom Construction

Due to mailboxes being replaced in the Kelley and Robinson Barracks mailrooms, all customers must pick up their mail during window hours until further notice. Kelley hours are Mondays, Tuesdays, Wednesdays and Fridays 11:30 a.m. to 1 p.m. and 3 to 6 p.m.; on Thursdays, the window is open from 2 to 6 p.m. only. RB hours are Mondays through Fridays 3 to 6 p.m. Project completion is expected by Nov. 19. For more information contact Sgt. Oguinn, 421-2330/civ. 0711-729-2330.

Christmas Tent Now Open

The AAFES Christmas Tent on Patch Barracks is now open for business during the Post Exhange's normal operating hours. Stop by and find Christmas trees, ornaments, lights, cards, gift

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items, crafts, decorations, stockings, garlands, wrapping paper food items and more.

Health Professionals Move

Community Health Nurse Terry Gorham (430-8209/civ. 0711-680-8209), Health Promotion Coordinator Dianne Stolberg (430-4073/civ. 0711-680-4073) and Civilian Misconduct Authority Dennis Wahl (430-5391/civ. 0711-680-5391) have relocated to Washington Center, building 2307, second floor (formerly the Religious Education Office) on Patch Barracks. Their telephone numbers are unchanged.

New Travel Services Contract in Effect

Carlson Wagonlit, the travel contractor servicing Army communities throughout Europe, was officially replaced by SatoTravel, Inc. Nov. 1.

With this change, which touts such improvements as corporate-class travel management and extended business hours, also comes a new venue for Stuttgart's travel-related services.

Since Sato handles both leisure and official travel under the agreement, both services are now housed under one roof in the former Official Travel Offices in building 7171 on Patch Barracks.

The Sato contract also yields greater freedom to clubs and groups planning overnight trips, something forbidden under the former contract with Carlson Wagonlit. Call the USO, 430-5677/civ. 0711-680-5677, for details.

Room Rates Rise

Due to a recent Army-wide mandate to include a Capital Reinvestment Assessment in all room rates, basic room rates in the Swabian Inn, Hilltop Hotel and Loisach Inn (Garmisch) will be increased by \$6. This assessment will not be added to any guests presently residing in the hotels.

Upcoming Closings, Changes

All Stuttgart-area *Community Banks* will not open until 10:30 a.m. Nov. 17 due to training.

Due to an unforeseen family obligation, the **AAFES Beauty Shop** concessionaire on Robinson Barracks will be closed Nov. 27. The Beauty Shop on Patch Barracks will remain open.

From Nov. 15 through 19, the **Stuttgart Dental Clinic** will see only sick call and hygiene patients due an annual meeting in Garmisch. Clinic hours that week are Monday through Thursday 7 a.m. to 5 p.m. and Friday 7 a.m. to 4 p.m.

The **Kelley Bowling Center** has new Sunday operating hours on a trial basis. They are noon to

7 p.m. The center will also be closed on Thanksgiving, Nov. 25.

Gym Closes Areas for Construction

Due to the ongoing renovations at the Kelley Fitness Center, the following is a schedule of known service interruptions: Gym floor and racquetball courts closed Nov. 15 through Jan. 2; free weight room closed Nov. 15 to 17; life fitness cardio room closed Nov. 18 to 19; and the locker rooms and gym office will be closed Nov. 29 through 31.

During the time that locker rooms and gym office are closed, building 3304 will be available for dressing and showering. The first floor will be reserved for men, while the second floor will be set aside for women. Anyone with questions concerning the renovation timetable and/or periods of service interruption can call 421-2543/civ. 0711-729-2543.

SECTION II COMMUNITY INFO

Honor Native American Heritage

In observance of Native American Heritage Month, the 6th ASG and the Stuttgart community are hosting a free DoD show Nov. 12 from 6 to 9 p.m. at the Swabian Special Events Center (*not* the Panzer gym as previously announced). Help celebrate the culture and its significant contributions with traditional Native American dancers in authentic regalia, an art exhibit, traditional food tasting and more. Bring the family out for an educational and entertaining evening. For event information call Sgt. 1st Class Beverly Barnes, 421-2892/civ. 0711-729-2892.

Thanksgiving Feast for All

The 6th ASG and the Patch Dining Facility will host a traditional Thanksgiving meal Nov. 25 from noon to 4 p.m. Patch Dining Facility at the Swabian Special Events Center. Holiday meal price is \$5 and \$4 for E-4 and below (and their family members).

Feast your eyes on such succulent food as roast turkey, shrimp cocktail, soup, steamship round, glazed ham, honey-glazed Cornish hen, mashed potatoes, gravy, corn, cakes, pies and much more. Hungry yet?

All service members, family members, Department of Defense civilians, other U.S. identification cardholders and guests are invited to attend. All guests, to include local nationals, must be escorted by an I.D. cardholder.

Single soldiers may go to the head of the line

at any time. Personnel are requested to dine during their unit serving time. For more information call Warrant Officer Phyllis Mitchell, 421-2358/civ. 0711-729-2358.

Help is Here for the Bereaved

If you are bereaving the loss of a loved one, and would like some support and encouragement through informal conversation, come to Patch Barracks building 2307 Nov. 16 at 7 p.m. Meetings are held the third Tuesday of each month. Call Lee Wheeler, 07031-38-4937, for details.

Town Hall Meeting Reminder

The next Stuttgart town hall meeting is Nov. 17, 7 p.m. at the Panzer Community Club. Questions? Call 421-2041/civ. 0711-729-2041.

Play the Name Game

Attention all single service members of Patch Barracks. The food service staff of the Patch Dining Facility and 6th ASG Food Service is in search of a new name for the dining facility. Your help is needed, so play the name game for a chance to win a weekend trip and various other prizes.

The staff is looking for a name that is generic to Stuttgart's joint environment and its location in southern Germany. Have any great name choices? If so, get a survey form from a unit Better Opportunities for Single Servicemembers representative or call CW2 Mitchell at 421-2358/civ. 0711-729-2358. Completed forms are due by Dec. 6.

Assistance for Area Home Schoolers

Stuttgart Area Home Schoolers are keeping busy with a variety of activities, meetings and field trips designed to provide home-schooled children and their parents with options to help in their schooling endeavors. For a list of available activities and information call Dale and Anita Benedetti at 0711-687-7448.

Take Part in Children's Education

As part of American Education Week Nov. 14 to 20, parents are invited to visit their school. In doing so, parents will show their children that they value education and care. Call your respective school for an appointment today.

Play Holiday Bingo with BCAC

The Böblingen Community Activities Club will hold a Holiday Celebration Bingo Nov. 20 at the

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Panzer Community Club. Bingo packets will go on sale at 6 p.m. and the games begin at 7 p.m. Annual membership is \$10 and bingo packets cost \$2 for 10 games. For more information call Irene Warren, 421-2712/civ. 0711-729-2712.

5th Signal Command's Holiday Social

The 5th Signal Command will host its command-wide Holiday Social Nov. 19, 6 p.m. at the Patrick Henry Village Pavilion in Heidelberg. Soldiers, civilians, family members and guests from the entire Dragon Warriors' command are invited to attend.

The semi-formal affair (coat and tie/cocktail dress) will kick off with cocktail hour at 6 p.m. followed by opening remarks from Commander Brig. Gen. John P. Cavanaugh. Dinner will be served at 7 p.m. with a choice of roast beef (\$16.50), roasted chicken (\$16.50) or a vegetarian meal (\$19). For the guests' entertainment, piano music and a DJ will be provided. To reserve a ticket call Sgt. Clay-Vaughn, DSN 380-5152, by close of business Nov. 16.

ARC Applauds Volunteers at Coffee

Stuttgart's American Red Cross will hold a coffee to honor all its volunteers Nov. 22, 10 a.m. at the ARC office, building 2949 on Panzer Kaserne. All volunteers are invited. For more information call 431-2818/civ. 07031-15-818.

All Invited to Advent Festival

Come join the Religious Education Office of the 6th ASG Ministry Team during an Advent Festival Nov. 21, 1 p.m. in the Patch High School Forum.

There will be music, information on the season, spirituality and history of Advent, making of advent wreaths and suggestions for family devotions. Bring a light snack or finger food to share. For additional information call Fred Jones, 430-7345/civ. 0711-680-7345.

Check Out School Advisory Committee

Curious about what's discussed at Patch High School's School Advisory Committee meetings? Come to the next SAC meeting Nov. 17, 3:30 p.m. at the high school, room 209. For more information call Dave Burleson, 0711-680-5290.

Upcoming Religious Events

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Following are some events coming up for the community. Call Fred Jones, 430-7345/civ. 0711-680-7345, for details.

On Nov. 20, there will be a *Catholic Baptism Preparation session*, 9 a.m. in the 6th ASG Ministry Team Area, building 2307, 4th floor on Patch Barracks.

On Nov. 21 the Catholic parish will sponsor a *Thanksgiving Potluck Dinner*, 5 p.m. in the Patch High School forum.

For those interested in the Catholic Christian Faith, the *Rite of Christian Initiation for Adults* meets Tuesdays, 7 p.m. in the 6th ASG Ministry Team Offices, fourth floor of building 2307 on Patch Barracks.

In addition, all Catholic parishioners who wish to participate in a Catholic Community Advisory Council should call the Catholic pastoral coordinator at 430-5798/civ. 0711-680-5798.

EDUCATION & TRAINING

Get Training Schedule Online

A complete schedule of training opportunities offered to employees this fiscal year are available at the CHRMA Web site. Go to (www.chrma. hqusareur.army.mil/Training/).

ARTS & CRAFTS

'Tis the Time to Get Creative

There's no better place to create seasonal crafts than at the Patch Arts & Crafts Center. Sign up soon for any November classes.

The calendar includes Advanced Drawing, Scrap Booking, Stained Glass Sun Catcher Instruction, Watercolor Painting, Decorative Painting, Kids' Clay Classes for ages 8 and up, Polymer Clays for ages 5 to 7, Rubber Stamping, Paper Mache and Tie Dying. All classes are held at the Patch Arts and Crafts Center in building 2337. For a class schedule and further information call 430-5435/civ. 0711-680-5435.

ENTERTAINMENT

Film Schedule

If you have questions or wish to confirm times and ratings call the Patch Theater at 0711-680-5310 or the Robinson Barracks Theater, 0711-819-6137. All movies and times are subject to change.

Patch Barracks Theater:

Fri., Nov. 12, Brokedown Palace, 7 p.m., PG-13 Fight Club, 9:30 p.m., R

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Sat., Nov. 13, Brokedown Palace, 7 p.m., PG-13 Fight Club, 9:30 p.m., R

Sun., Nov. 14, Fight Club, 7 p.m., R

Mon., Nov. 15, Bowfinger, 7 p.m., R

Tues., Nov. 16, Bowfinger, 7 p.m., R

Wed., Nov. 17, Bowfinger, 7 p.m., PG

Thurs., Nov. 18, Brokedown Palace, 7 p.m., PG-13

Fri., Nov. 19, Dudley Do Right, 7 p.m., PG Bringing out the Dead, 9:30 p.m., R

Robinson Barracks Theater.

Fri., Nov. 12, Bowfinger, 7 p.m., PG-13 Sat., Nov. 13, Teaching Ms. Tingle, 7 p.m., PG-13 Sun., Nov. 14, Mickey Blue Eyes, 7 p.m., PG-13 Mon. through Thurs., Nov. 15 to 18, closed Fri., Nov. 19, A Dog of Flanders, 7 p.m., PG

Corso Theater (Hauptstr. 6, Vaihingen):

Call the theater at 0711-734-916 for information and film schedule. The recording is in both English and German.

THRIFT SHOP

Help Out at Panzer Shop

Do you have any extra time on your hands? Then lend a hand by volunteering at the Panzer Thrift Shop. Find out how by calling 431-2878/civ. 07031-15-878.

Donation of a Pentium I computer with Windows '95/'98 and Office '95 with Micrsosoft Access is being sought. Any organization or individual willing to donate can call 4312-878/civ. 07031-15-878.

Warm Up for Winter with Patch Shop

The chilly breeze and rain won't feel nearly as cold when you outfit yourself with winter clothing from the Patch Thrift Shop. A great selection of cold-weather gear including coats, jackets, boots, scarves and gloves in all sizes are now available. Ski wear and gear, holiday decorations and gifts are also being sold just in time for the season.

Store hours are Mondays, Wednesdays and Thursdays from 10 a.m. to 2 p.m. and the first Saturday of each month from 10 a.m. to 1 p.m. (the consignment room closes one hour prior to store closing). For more information call 430-5510/civ. 0711-680-5510.

CLUB INFO

Country Bound at Kelley Club

Come to the Kelley Club Nov. 13 for toe-tapping live music from Country Bound starting at 8:30 p.m. Admission is \$7.50 per person. For more information call 421-2943/civ. 0711-729-2943.

JOB CORNER

Newspaper Needs Journalist

Do you have journalism experience and/or a degree in a communications-related field?

The Citizen newspaper has an immediate opening for a part-time writer/editor. The position, a GS-1082-GS7/9, is now available in the RESUMIX system through Nov. 19. Applicants must already a RESUMIX in the system and nominate themselves online at the CHRMA Web site, (www.chrma.hqusareur.army.mil/). For more information call 421-2046/civ. 0711-729-2046.

Child and Youth Program Assistant

The Non-Appropriated Funds Civilian Personnel Office has immediate openings for part-time and flexible child and youth program assistants at the Kelley and Panzer Youth Services, as well as full-time, part-time and flexible positions at the Kelley, Patch and Panzer Child Development Centers. Interested applicants should stop the CPO, building 3315, room 102 on Kelley Barracks. Office hours are Mondays through Fridays 7:30 a.m. to 4:30 p.m. For more information call 421-2191/civ. 0711-729-2191.

MS/Teen Program Technicians

The NAF Civilian Personnel Office has immediate openings for full-time and part-time child and youth program technicians for the Middle School/Teen Program at Panzer Kaserne, Panzer, Patch and Robinson barracks' Youth Services.

Applicants must possess a CDA or AA in education or related field and 24 months' experience working with children. If interested stop by CPO, building 3315, room 102 on Kelley Barracks. Office hours are Mondays through Fridays 7:30 a.m. to 4:30 p.m. For more information call 421-2191/civ. 0711-729-2191.

Teach English at ACS

Stuttgart's Army Community Service is looking for a native English-speaking individual to teach an "English as a Second Language" course. Anyone interested should contact ACS, 430-7176/civ. 0711- 680-7176.

Become a Family Child Care Provider

Child Development Services Family Child Care Office is currently accepting applications for all individuals interested in becoming a Family Child Care provider. Applications are available at the Family Child Care Office, building 2347 on Patch Barracks. Call 430-7458/civ. 0711-680-7458 for details.

Season Employment Opportunities

The 6th ASG is currently recruiting temporary Mail Clerks (GS-305-3) for the holiday season. This job is listed under announcement CPOC-G-011, Mail Clerk in RESUMIX.

Item 3 of the Supplemental Data Sheet must show interest in G-011, Mail Clerk and Item 7 must indicate "Yes" for temporary employment. Item 11 of the Data Sheet needs to indicate GS-3 as the lowest grade acceptable.

First time applicants must e-mail their complete application to (Resumix@chrma.hqusareur.army. mil). Applicants already in RESUMIX can send an administrative update changing the information on the Supplemental Data Sheet to (resque@chrma. hqusareur.army.mil).

GETAWAYS

Rooms Available in Garmisch

Did you know that Garmisch's ski season is already in full swing? Come on down to the Alps this month and enjoy great rooms. Additionally, those interested in bringing a large group (35 to 50 people) can get an extra-special deal and possibly be provided transportation to and from the unit location. If interested contact Terry Hodges, 440-2850/civ. 08821-729-176.

Ski Trips

Stuttgart's Better Opportunities for Single Servicemembers and Alpine Ski Tours are hosting a Thanksgiving ski trip Nov. 24 to 28 to *Stubaital Glacier, Austria.* The price, which includes transportation, breakfast and dinner, a holiday meal and a four-night stay in a three-star hotel, is \$259. Call 421-2100/civ. 0711-729-2100 for trip details.

Looking for that special holiday trip? Try skiing in *Avoriaz, France*, Dec. 18 to 26. Call outdoor Recreation, 421-2774/civ. 07031-15-774, for details.

YOUTH & TEEN

Get Involved in Program Planning

Youth ages 11 to 15 are invited to the Patch Middle School Program's *MS Advisory Council Meeting* Nov. 18 at 5 p.m. Questions? Call 430-7404/civ. 0711-680-7404.

What's on the Kelley YS Calendar

Nov. 19 is *Bingo Nite* from 6 to 9 p.m. at Kelley Youth Services (\$5). Call for details, 421-2548/civ, 0711-729-2548.

Teen Invited to Town Hall

Teens ages 16 to 18 can find out what's in store or help make something happen by speaking up at the next *Teen Town Hall Meeting* Nov. 18 at 7 p.m. Call the Patch Teen Center, 430-7404/civ. 0711-680-7404, for details.

Patch YS Houses Holiday Parties

Building reservations for holiday parties are now being taken at Patch Youth Services. Cost per hour is \$15. Santa suits are also available for rent for \$25. For a reservation form or more information call 430-7404/civ. 0711-680-7404.

SPORTS & FITNESS

Catch the Snowball Open

Come out to the Stuttgart Golf Course for the Snowball Open Dec. 12. Call 07141-879-151 for details.

Honor Outstanding Young Athletes

Youth Services has a new way to honor athletically-inclined children.

Staffers plan to incorporate into their youth sports program two Boys & Girls Club awards named for two well-known figures. Criteria for awarding the two programs runs as follows:

Sir Thomas J. Lipton Award: Youth Services intends to present the Lipton Award annually in a high-profile setting to a U.S. Army Europe community participant who most consistently demonstrates fair play and sportsmanship. Each Youth Services program has one Lipton Award trophy and 10 certificates for athletes who place as runners-up for the prize.

Jackie Joyner-Kersee Volunteer Award: Youth Services will choose a YS volunteer who has consistently displayed a dedication to enriching the lives of young women through community sports and fitness programs.

For more information on the awards, contact Joe Behrens, USAREUR Youth Sports program manager, at DSN 370-8902.

Youth Sports Policy Changes

A recent change to U.S. Army Europe Regulation 215-50 establishes new guidelines for Youth Services Sports age divisions. They are: Beginners (ages 5 to 6), Pee-Wee (ages 7 to 8), Minor (ages 9 to 10), Bantam (ages 11 to 12),

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Junior (ages 13 to 14), Senior (ages 15 to 16) and Big League (ages 16 to 19).

In addition, a new sports program might soon be introduced. YS Sports is exploring the possibility of forming two all-girls basketball teams: Junior (ages 13 to 14) and Senior (ages 15 to 16). This depends on signups, impact on the existing coed program and willingness of players/parents to practice at a central facility and travel for games. Questions or comments can be directed to the 6th ASG Youth Sports Department, 431-2616/civ. 07031-15-616.

Stay in Shape this Season

Don't let the cold weather stop you from staying fit. Keep in shape all season at both the Panzer and Patch Fitness Centers.

Aerobics classes at the *Panzer Fitness Center* from 8:30 to 9:45 a.m. include: Step Jam on Mondays; Kick, Jab and Jam on Wednesdays; and Step Circuit on Thursdays.

Classes at the *Patch Fitness Center* include Step Mondays, Wednesdays and Fridays 5:45 to 6:45 a.m., and 8:45 to 10:15 a.m. on Mondays and Wednesdays only; Kick, Jab and Jam is Fridays 8:45 to 10:15 a.m.

Just show up! Classes are \$3 each, but rates are reduced if you buy a bunch. For more information e-mail (rhondala19@hotmail.com).

HEALTH

Break the Tobacco Habit

Stuttgart's next Tobacco Cessation Program begins Jan. 4. A morning program 11 a.m. to noon, or an afternoon program 4 to 5 p.m. is available.

Both programs will meet Tuesdays for seven weeks in Washington Center, building 2307, room 204 on Patch Barracks.

Stuttgart's Tobacco Cessation Program includes group motivational counseling and education classes, and either nicotine transdermal patches or Zyban® tablets to help people who are committed to giving up smoking. Patient preference, smoking habits/dependence and history of prior treatment will help determine which treatment option is best for each individual. To register call 430-8610/civ. 0711-680-8610.

Fend off the Flu with Vaccinations

The Stuttgart Health Clinic will provide flu vaccinations Nov. 18 from 9 a.m. to 3 p.m. at the Patch Theater. For further information call 430-4312/civ. 0711-680-4312.

MARKETPLACE

Items will be included for two weeks unless the Post is notified that they are no longer valid. Items will run on a space-available basis, all at the discretion of the editor.

For Sale/Vehicles/Equipment:

The Kelley Auto Craft Shop has two autos for sale: 1991 Plymouth Laser, blue, 1.0 16v with minor damage in front. Minimum bid \$700; 1983 BMW 525I, tan, minimum bid \$400. To make a bid call 421-2603/civ. 0711-729-2603.

1985 BMW 520, new engine, runs great, inspection good through Oct. 2000, \$1,800. Call Bill at 0711-726-1300.

1993 Nissan Sunny hatchback. Excellent condition by second owner. Less than 78,000 kilometers. New (2 months old) summer tires, and comes with set of winter tires used only one season, German specs., radio/cassette, \$4,000 OBO. Call Beth or Dave Hatfield, 430-5545 (work) or 07033-41-962 (home) after 6 p.m.

1986 Audi 100, good condition, great gas mileage, new belts, battery and all-weather tires, \$2,000 OBO. Call 0711-726-1164.

Four 185/70R 13 tires on BMW rims for 1976 to 1982, 3 series BMW, like new, \$75; new two front brake disc rotors, fits E34 520i-535i 4/87-up or E32 730i/730ii 11.87-6.94, \$100; new chrome valve cover caps for SBC, center bolt style, \$35.00. If interested call 0711-859-536 (home) or work 421-2886/civ. 0711-729-2886 (work).

1998 VW Passat Trendline, black metallic, A/C, radio/cassette, anti-lock brakes, air bags, European specs., 1.8 liter/4 cylinder engine, 19,500 kilometers, perfect condition, \$16,400. Call 07031-232-353.

1989 VW Fox, 4 door, American specs, inspection good until Oct. 2000, new tires, exhaust, struts, strut bearings, wheel bearings and cv boots. Runs great. Ski rack included. Great second car. Must sell. \$1,200 OBO. Call Joel, 0171-551-8084.

Wanted: automatic transmission for a 1989 Ford Scorpio, 2.9 liter engine. Contact Mr. Mitchell 421-2814/civ. 0711-729-2814.

Housing:

House with panoramic view in Böblingen, 200 square meters, 1,200 square meter yard, 2 car garage, 3,500 marks rent plus *Neben* 400 marks. Call anytime, 07031-232-353.

DoD civilian urgently needs to rent a small apartment to facilitate part-week employment at Patch. Call Sam at 0172-610-2566 or DSN 355-8672 (days).

Employment/Services/Miscellaneous:

PCSing? I will clean your quarters to inspection standards. Call JoAnna, 0711-8566305. Leave message.

Would you like to work at Inlingua Language School in Stuttgart as a teacher for English and Business English? If you have a good enough command of your mother tongue to teach it, you have knowledge of/interest in areas like economics, technology, computers, etc., and you are flexible, then call 0711-236-0394. Detailed training is provided. No German required.

For Sale/Miscellaneous:

The Stuttgart Community Post

Bike Trailer/Jogger for 2 children, only used for 3 months, \$100; Burley bike trailer for one child (up to 60 lbs.), excellent condition, brand new \$265, asking 175 OBO; Power Wheels (small), battery powered, \$40. Call 0711-817-9757.

27' SONY Trinitron color television, year old (has remote and instruction book), asking \$350. Call 0711-810-5928 (home) or Steve at work, 430-8015/civ. 0711-680-8015.

Piano-Wurlitzer 50s. Great for practicing piano lessons. \$750, Call 07031-27-5823 after 6 p.m. or weekends.

Wanted: PC Computer Monitor, 14 or 15 inch, inexpensive. Must be dual voltage or 220V, and capable of SVGA. Call Mike, 0711-729-2601 or 0711-726-1198.

Microwave wanted. Call 0711-726-1248 evenings.

Black sectional sleeper sofa, German made, in great shape, matching chair and tile-top coffee table, \$400 OBO; black round dinette table with 2 chrome and leather chair. Call 07056-964-493 evenings.

Paperback books by V.C. Andrews. Have almost 30 books. Would like to sell all of them at once, but will sell separately (as sets). Call Dee at 07033-691-161 if interested. Leave message.

Lost & Found:

(No submissions for this edition.)

For the Nov. 26 issue, submit items by noon Nov. 17. Articles must not exceed 75 words. Space is limited and content is at the editor's discretion. Articles will run for a maximum of two weeks. For info call 0711-729-2000. Include your name and civilian telephone number with area code. Send items to 6th ASG, ATTN: Stuttgart Community Post, APO AE 09107; fax 0711-729-2051; e-mail (media@6asg.army.mil); or deliver it to the Media Center, building 3307, Kelley Barracks. Questions? Call 0711-729-2000.